

Onye Onyemaechi

Founding director of Village Rhythms, a visionary, teacher and mentor of the ancient ways of traditional wisdom, Onye Onyemaechi brings the joy and soul of African culture, music and the wisdom of the village life to individuals and organizations throughout the world.

He is committed to bringing his wealth of knowledge and insight to his Intuitive Consulting Services which promotes healthy lifestyles through integrated transformative therapies and ceremonies.

Onye is a master drummer, musician and practitioner of Healing with Music, and an educator in the African Tradition. He was an esteem featured presenter at the International Sound and Healing Conference, and has facilitated workshops at various hospitals, institutions and organizations. Onye's *Healing with Music* approach has helped many people with profound insights and practical wisdom toward healthier living, as well as personal transformations and societal healing.

Through sound and music, he has the capacity for seeing beyond ordinary reality and discovering what is needed to bring growth and well-being to various situations. Onye is a spiritual ad-

viser to individuals, business executives and professional athletes.

As a celebrated recording artist and performer, he frequently adds the healing and therapeutic power of music to transmute destructive thoughts, attitudes and be-



liefs to help unite the mind and body. As a highly experienced teacher and magnetic personality, Onye is able to combine the best of ancient traditions with therapeutic techniques, to help people experience the extraordinary power of the healing rhythms, to improve their health. His music and artistry has electrified audiences for over thirty years

His has a private practice is in Northern California and Europe, and he travels with his work worldwide.

Invite Onye to your community, institution or organization to present his work and celebrate your life.

Visitors can download this brochure and see more information at www.villagerhythms.com.



Book Onye Now &
Call for An Appointment!!

Onye Onyemaechi

Musician, Master Drummer,
Facilitator, Music
Practitioner in the African
Tradition

Village Rhythms

PO Box 4365

Santa Rosa, CA. 95402 USA

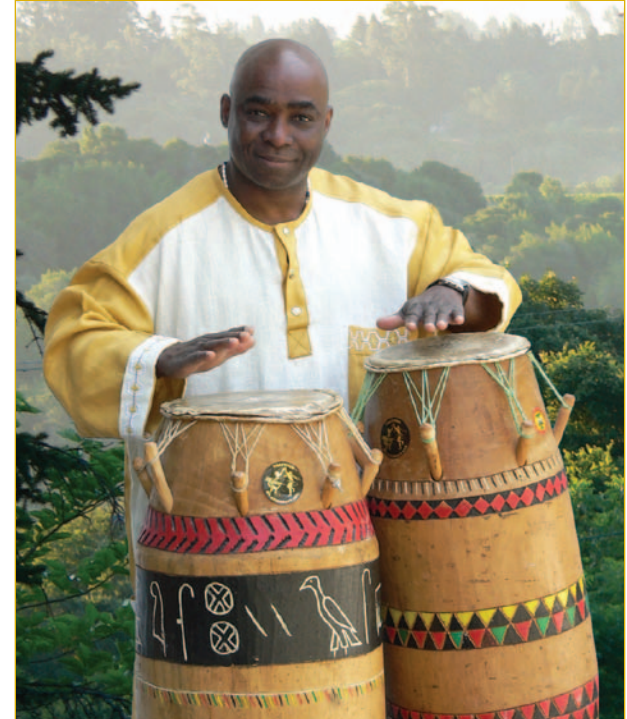
707-528- 4458

onye@villagerhythms.com

www.villagerhythms.com



Healing with Music



*A Therapeutic Approach
to Health*

Healing with Music

In modern times, scientists, researchers and psychologists give their own account of the therapeutic effect of rhythms.

Recent research shows that drum rhythms strengthen



the immune system, produce endorphins and release emotional trauma to create states of wellness.

The healing power of drums and music creates a balance that maintains the connection between body, mind and soul. It has been proven to have many therapeutic and transformative benefits. Research has demonstrated that energetic rhythms cause the brain to synchronize the two cerebral hemispheres. When the hemispheres pulsate in harmony expanded states of awareness are experienced. Meditations as well as visualizations, affirma-

tions and positive attitude can be useful in promoting mind/body well-being.

Powerful neuronal connections are generated in all parts of the brain when entrained to the beat of the drum and even damaged sight can be enhanced.

More than ever, chronic pain continues to affect our quality of life. Drum rhythms and movement produce endorphins and endogenous opiates, the body's own

morphine-like painkillers, even excruciating pain can be controlled with drumming. The healing power of the drum relieves stress, tension, confusion and induces deep profound relaxation, lowers blood pressure and transforms lives.

These methods of health and healing practices help improve mental physical and emotional release. Healing with music can be used alone or in conjunction with other modalities.

The Benefits of Music Therapy

- Health Promotion
- Mind, Body Connection
- Stress Management
- Pain, Tension, Emotional Release
- Physical Rehabilitation
- Memory Enhancement
- Improved Focus and Clarity
- Strengthened Concentration, Prayer and Meditation

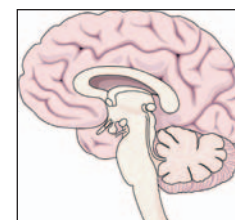
Related Health And Healing Services

- Mind Body Program for Health Institutions
- Drum / Sound Therapy
- Mindful Meditation
- Spiritual Support Group
- Lecture/Demonstrations
- Facilitate Retreats
- Percussion/Rhythms Classes, Workshops
- Performances and Concerts
- Private Drumming Lessons



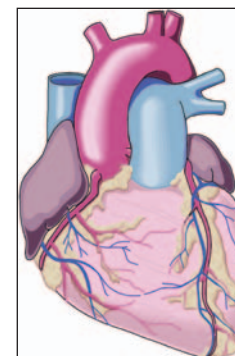
Who Benefits?

- Hospitals, Schools, Churches
- Kids and Youth at Risk
- Personal Growth Conferences
- VA Groups and Families
- Spiritual Care Centers
- Individuals with Depression, Emotional and Mental Traumas
- Support Groups
- Music Educators, Therapists, Musicians,
- Special Interest Groups
- Everybody and Every Situation



"The physiology of music perception has been investigated by different methods such as neuropsychological testing, neuroimaging EEG, PET and Doppler ultrasound."

www.ask.com



Testimonials

An osteopath, in a letter of recommendation, writes: "Mr. Onyemaechi is an African master drummer and healer who brings a significant benefit to the field of alternative medicine. He raises the level of honesty and education, bringing drumming and village-type healing to many patients I have referred

to him. Onye is a man of superior quality and I feel that he would be a great addition to any program."

– J. Altar, Retired Osteopath and surgeon, Santa Rosa, CA

"I watched individuals shift with Onye's touch. Most seemed to be in a sort of reset, burdens lifted, moods elevated, spirit freed, with something new about each person who surrendered to the experience."

Ms. Joanna Smith, MI

"You have a real gift for working with terminally ill patients. When my husband was diagnosed, he was shocked, confused, and angry and most of all terrified of what lay ahead of him. Talking with you not only eased his mind but gave him hope. Your gentle, compassionate words gave him encouragement, helped him develop a more positive attitude and aided him in finding the peace and acceptance he needed to make him feel less afraid. I will always appreciate what you did for him."

J. Jones, Boston, MA

707-528- 4458

onye@villagerhythms.com

www.villagerhythms.com